

Levittown Public Schools Parent University Presents
At What Cost? Defending Adolescent Development in
Fiercely Competitive Schools

An Evening with Dr. David Gleason



With the increasing demands on students over the past decade, parents and students have reported tremendous increases in stress and anxiety. Too many students in highly competitive schools feel overwhelmed and pressured, conditions that can lead not only to anxiety and depression, but also, to a host of dangerous manifestations of those conditions: substance abuse, eating disorders, sleep deprivation, cutting and other forms of self-injury, and sometimes, suicide. In light of the intensifying pressures on adolescents, what must we do now? For all our students, finding the right balance between an appropriate level of academic rigor and educating them in healthy, safe and balanced ways has crucial lifelong implications.

Levittown Memorial Education Center Auditorium

150 Abbey Lane, Levittown NY

April 8, 2019 7:00pm

About the presenter: Dr. Gleason is a clinical psychologist who serves as Senior Neuropsychologist at Wediko Children's Services in Boston, where he supervises pre and post-doctoral neuropsychology interns and he co-teaches a professional development seminar. Dr. Gleason has taught psychology at the secondary, undergraduate and graduate levels, and he presents workshops and seminars at schools, national conferences in the United States, and at international conferences around the world. Dr. Gleason's new book, *At What Cost? Defending Adolescent Development in Fiercely Competitive Schools*, was released in January, 2017.